

## **A case report: Amenorrhoea & Homoeopathy**

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**Abstract:** Amenorrhoea is absence of a woman's menstrual period while she is in her reproductive years. Amenorrhea can be healthy and natural. During pregnancy, menstruation stops. It also ceases for many women while they are breastfeeding.

It may be associated with many more symptoms. All such symptoms together will give a disease picture to be cured. Curing a disease by means of **Homoeopathy** will mean to find out a **Similimum** for every particular individual case.

There are most dependable treatment for Amenorrhoea in Homeopathic without any side effect or after effects.

A case report was a 23 yrs old female suffering from Amenorrhoea , on basis on totality of symptoms & repertorisation , prescribe homeopathic medicine **Calc.carb** & case was improved & quality of life better.

**Keyword** : Amenorrhoea ,Homoeopathy , Diabetes, hypertension, Ovarian cyst

**Case report** :

### **CASE TAKING PERFORMA**

#### **PERSONAL INFORMATION**

- a.) **Name** –Miss Mohini
- b.) **Age**-28 years
- c.) **Sex**-Female
- d.) **Address**–Sriganganagar
- e.) **Marritalstatus** - Unmarried
- f.) **Religion** –Hindu
- g.) **Occupation** - Service

**DATE** – 20.11.2024

#### **PRESENTING COMPLAINTS**

Complaints of absence of menstruation since 2 months

#### **HISTORY OF PRESENTING COMPLAINT**

Patient complaints of irregular and painful menstruation since last 3 years and diagnosed case of bilateral polycystic ovarian disease. Character of blood being clotted and blackish and scanty. Breast tender and swollen.

### **PERSONAL HISTORY**

Marital relations – Unmarried

**PAST HISTORY** :History of tonsillitis and taken allopathic medicine for tonsillitis.

### **FAMILY HISTORY**

Mother – Diabetes, PCOD

Father – Hypertension

Grandfather – Diabetes

Grandmother – Ovarian cyst

### **MENSTRUAL HISTORY**

**MENARCHE** - At age of 13 years

**LMP**–15.09.2024

**ABNORMAL DISCHARGES PER VAGINA/ LEUCORRHAE** – Leucorrhoea  
white, thick

### **Physical Generals**

- a) **Appetite**- 2 to 3 meals/ day
- b) **Thirst**- Thirst for water at long interval
- c) **Desire** : Eggs

- d) **Aversion** : Meat
- e) **Stool**- Hard stool
- f) **Urine**- Nothing abnormal detected
- g) **Sleep**- Normal
- h) **Thermal Reaction** - Chilly

### **MENTAL GENEARLS**

Patient is obstinate, irritable. Wants company. Fear of darkness. Forgetful. Anxious about future.

### **GENERAL PHYSICAL EXAMINATION**

- a) **Body weight** – 49kg
- b) **Built** – Normal
- c) **Nutritional status** – Poorly nourished
- d) **Pallor** - Present
- e) **Cyanosis** – Absent
- f) **Clubbing** – Absent
- g) **Lymphadenopathy** – Absent
- h) **Edema** – Absent
- i) **Thyroid enlargement** – Absent
- j) **Tongue** – white coated
- k) **Skin** – Dark
- l) **Nails** - Pale
- m) **Pulse** - 112/min
- n) **Respiratory rate** – 28/ minute
- o) **Temperature** - 102°F

### **SYSTEMIC EXAMINATION**

**A.CARDIOVASCULAR SYSTEM** – NAD

**B.GASTROINTESTINAL SYSTEM** – NAD

**C.RESPIRATORY SYSTEM** - NAD

**D.CENTRAL NERVOUS SYSTEM** – NAD

**E. LOCOMOTOR SYSTEM** - NAD

**Laboratory investigation**

- a) **Blood** – CBC
- b) **Urine** – Normal
- c) **RADIOLOGICAL REPORT** – USG done,Diagnosed bilateral polycystic ovarian disease.

**Diagnosis-** Secondary amenorrhae

## **ANALYSIS OF CASE**

**MENTAL GENERAL:**

- Fear from darkness
- Obstinate

**PHYSICAL GENERAL:**

- Desire eggs
- Hard stool

**PARTICULAR**

- Irregular menstruation
- Menses absent

**CONVERSION OF THE SYMPTOMS INTO RUBRICS WITH PAGE NUMBER**

- Fear from darkness - Fear, dark
- Patient is obstinate – Obstinate
- Desire eggs – Desires eggs
- Hard stool – Stool, hard
- Irregular menstruation – Menses, irregular

**RUBRICS**

<b>RUBRIC TAKEN</b>	<b>CHAPTER</b>	<b>PAGE NO.</b>
<b>Fear, dark</b>	<b>Mind</b>	<b>40</b>
<b>Obstinate</b>	<b>Mind</b>	<b>69</b>
<b>Desires, eggs</b>	<b>Stomach</b>	<b>485</b>
<b>Stool, Hard</b>	<b>Stool</b>	<b>638</b>
<b>Menses, irregular</b>	<b>Genitalia female</b>	<b>726</b>
<b>Menses: absent amenorrhea</b>	<b>Genitalia female</b>	<b>724</b>

**Repertorization from Kent repertory**

<b>Symptoms covered</b>	<b>CALC</b>	<b>PHOS</b>	<b>ARS</b>	<b>SEP</b>
<b>Fear, dark</b>	<b>2</b>	<b>2</b>		
<b>Obstinate</b>	<b>3</b>	<b>1</b>	<b>2</b>	

<b>Desires, eggs</b>	<b>2</b>			
<b>Stool, hard</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>3</b>
<b>Menses:absent, amenorrhea</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>3</b>
<b>Menses, irregular</b>	<b>2</b>	<b>1</b>		<b>2</b>
	<b>14/5</b>	<b>9/5</b>	<b>8/4</b>	<b>8/3</b>

## REPERTORIAL RESULT

**Calc – 14/5**

**Phos– 9/5**

**Ars – 8/4**

**Arg nit – 8/3**

**ANALYSIS OF RESULT** – As seen in Repertorial chart Calcareaacrb 12/5, Phosphorus 9/5, Arsenic album 8/4, Argentumnitricum 8/3 are very close to each other. Calcareaacrb is prescribed because patient is obstinate, fear from darkness and anxious about future and there is desire for eggs.

## LINE OF ACTION

### a)Prescription

Final prescription – Calcarea carbonica 200

Dose – Single

Mode of administration – Oral

Date – 20.11.2024

**b.) Follow up:**

<b>DATE</b>	<b>FOLLOW UP</b>	<b>PRESCRIPTION</b>
20-11-2024	<ul style="list-style-type: none"> <li>As per reportization</li> </ul>	Calc carb 200/1 Dose, PL – 2 dram – 4 globules/ TDS for 1 month
18-12-2024	<ul style="list-style-type: none"> <li>No menses appear</li> </ul>	PL– 2 dram – 4 globules/ TDS for 1 month
17-01-2025	<ul style="list-style-type: none"> <li>Scanty menses appear</li> </ul>	Calc carb 200/1 Dose, PL – 2 dram – 4 globules/ TDS for 1 month
15-2-2025	<ul style="list-style-type: none"> <li>No menses appear</li> </ul>	Calc carb 200/1 Dose, PL – 2 dram – 4 globules/ TDS for 1 month
18-3-2025	<ul style="list-style-type: none"> <li>Menses appear</li> <li>USGreport -Normal</li> </ul>	, PL – 2 dram – 4 globules/ TDS for 1 month

**MANAGEMENT:** Cold drinks should be avoided. Take rest. Take plenty of water. Avoid spicy food.

**RESULT** - IMPROVED

CONCLUSION :- This case homeopathy is effective in case Amenorrhoea, if we prescribe the medicine on the basis of totality of symptoms.

References

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